

POSTOPERATIVE INSTRUCTIONS FOLLOWING OFFICE PROCEDURES

1. Keep dressing or band aid dry and in place for 24 hours. If it becomes wet, please remove it and apply a dry band aid.
2. Remove the dressing after 24 hours. You may shower and wash the incision gently with soap and water. Rinse and pat dry. You do not need to cover with another band aid unless there is drainage or it is needed to help keep the incision clean.
3. You will need to be seen in our office in 7-10 days. Please call the office to set up this appointment.
4. If you develop increased bleeding, apply pressure to the site with a clean cloth for approximately 5 minutes; or if you run a temperature of 101 degrees F or more, please contact our office immediately at (817) 267-2678.
5. Use Extra Strength Tylenol, or whatever your doctor has advised, if you have any discomfort.
6. If your incision is on an arm or leg, try to keep it elevated as much as possible for the first 12 hours.
7. If you have a Permacath, Groshong, or a Port-A-Cath removed, follow the above instructions. In addition, if there is bleeding from the surgery site, sit up, don't lie down, and apply pressure with a clean cloth below your collarbone.